

Point: Suzanne Collins' perspective on modern beauty standards in "The Hunger Games" is notably critical, as she employs the stark contrast between the opulent Capitol and the impoverished districts to underscore the superficiality and extravagance inherent in societal expectations of physical appearance. [Great point](#)

Evidence: This view is substantiated through vivid descriptions of Capitol citizens' flamboyant attire, extreme body modifications, and the overall emphasis on extravagant appearances. For instance, characters like Effie Trinket embody the Capitol's obsession with an unattainable and exaggerated physical ideal, highlighting the stark dichotomy between the Capitol's affluence and the districts' destitution. [good evidence - but you should try to quote too](#)

Explain: Collins utilizes a method of stark juxtaposition to emphasize the disparity between the Capitol's lavish lifestyle and the struggles faced by the districts. This method serves as a powerful tool to critique the arbitrary and unrealistic nature of modern beauty standards. By exposing the excessive focus on appearance in the Capitol, Collins invites readers to reflect on the absurdity of societal expectations and the detrimental impact they can have on individuals. [good explanation](#)

Zoom: By zooming in on the Capitol's extravagant fashion trends and societal norms, Collins magnifies the absurdity of modern beauty standards. Through detailed depictions of characters and their appearances, she highlights the artificiality and detachment from reality that characterizes the Capitol's notions of beauty. This zooming effect allows readers to closely examine the intricacies of the Capitol's culture and draws attention to the flaws inherent in their obsession with physical appearance. [you need to focus on the analysis of specific method in this step](#)

Link: Suzanne Collins' own experiences and observations of societal expectations regarding beauty standards serve as a profound link to the narrative. Drawing inspiration from historical and contemporary societal norms, Collins incorporates her insights into the text, infusing it with a personal dimension. This link enhances the authenticity of her critique, as readers can recognize the real-world parallels reflected in the Capitol's obsession with appearance. This connection between Collins' experiences and the narrative underscores the purposeful exploration of beauty standards and prompts readers to consider the societal constructs influencing their perceptions of beauty.

[a nice link, try to develop it with more specific references - what are the societal norms you refer to?](#)